

Stage 1 – it starts here...

As a resident enters a **Recovery Road** home, clients will begin on stage 1.

Concept behind Stage 1: Stage one is a time for residents to get acclimated to their new living situation. Residents will have few distractions. Their primary focus will be getting into 12-step recovery and building rapport with house managers, staff, and other residents of the Recovery Road Community.

Stage 1 Structure:

1. Electronics
 - Cell phone use restricted absolutely.
 - Television restricted during business hours.
 - All electronics use restricted after curfew and will be collected.
2. Excursions
 - Residents on Stage 1 shall not leave the homes without special approval.
 - Stage 1 residents may leave the house **ONLY** if accompanied by staff or a Stage 2 resident.
 - Residents are allowed to jog or walk for exercise when appropriate, they must sign out first.
3. 12-Steps
 - Residents should find a sponsor. If residents have not found a sponsor within a week they will call at least one person in AA.
 - Start working the steps
 - Make at least 4 12-Step meetings
 - Attend all group therapy meetings
 - Attend required house meetings
4. Curfew
 - Sunday – Thursday – 9:30 P.M.
 - Friday – Saturday – 10:30 P.M.

Stage 2 – progress not perfection...

In order to transition from **Stage 1 to Stage 2**, a client must have been on Stage 1 for minimum 7 days (usually lasts closer to a month), met all Stage 1 requirements, and be in good standing in the **Recovery Road Community**:

Concept behind Stage 2:

*Transitioning to **Stage 2** comes with new privileges and responsibilities:*

- Residents may begin job searching as they transition to **Stage 2**, as long as simple guidelines are followed. Furthermore if not working, resident will complete 10 hours of service per week.
- A work search plan must be completed and shared with a member of **Recovery Road** staff.
- Residents must perform job search during allotted hours.
- Residents must be accompanied by another stage 2 resident or staff.
- Television after 5 P.M.
- Must make all mandatory meetings
- May be required to follow additional recommendations from staff.

- Curfew
 - Sunday-Thursday- 10:30p.m.
 - Friday-Saturday – 11:30 p.m.

Stage 3 - we do recover...

In order to transition from **Stage 2 to Stage 3**, a client must have been on Stage 2 for at least 7 days, met all Stage 2 requirements, and be in good standing in the **Recovery Road Community**. In addition, residents must be working (20hrs), in community service, or a full time student. Residents are expected to be active in the 12-steps and shown **consistent improvement**. Keep in mind rules may be different for IOP residents as per staff.

Concept behind stage 3:

*Transitioning to **Stage 3** comes with new privileges and responsibilities:*

- Residents will be required to learn and utilize Recovery Road scheduling procedure. Schedule should be updated regularly otherwise there may be consequences or loss of privileges.
- Approved electronic devices (devices collected and redistributed per rules).
- Ability to get automobile
- Ability to get passes with consent of RR staff (Resident must be in good standing, pass must be requested in one of the 2 house meetings).
- Staff will give stipulations on vehicle and pass privileges (i.e., for work only, work and meetings, etc.)
- Staff reserves right to deny any of the privileges above.

- Curfew
 - Sunday-Thursday – 11:30 p.m.
 - Friday-Saturday -12:30 am.

Stage 4 – we’ve only just begun...

In order to transition to Stage 4:

You are a leader in the community, you must go above and beyond in the service of others. Residents should be actively working the steps, including steps ten, eleven, and twelve. Residents will be required to have a service commitment in the community.

Curfew: 12:30 a.m. with extension by request.

Failure to thoroughly read through the phase system is no excuse for not knowing what is expected of each client. If there are any questions about those guidelines it is your responsibility to ask. By signing the resident agreement, I agree to follow these community guidelines listed above.