

December 28, 2015 - January 03, 2016

	28 Monday	29 Tuesday	30 Wednesday	31 Thursday	01 Friday	02 Saturday	03 Sunday
7:30 AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		
8:00 AM	Meditation	Meditation	Meditation	Meditation	Meditation	Breakfast	
8:30 AM	Chore Check	Chore Check	Chore Check	Chore Check	Chore Check	Meditation	Breakfast
9:00 AM	Gym Time	Step Work	Gym Time	Step Work	Gym Time	Grocery Shopping / Personal Time	Meditation
9:30 AM							Mandatory Events / Free Time
10:00 AM							
10:30 AM	Enrichment	Enrichment	Enrichment	Enrichment	Enrichment		
11:00 AM							
11:30 AM							
12:00 PM	Noon AA/NA Meeting	Noon AA/NA Meeting	Noon AA/NA Meeting	Noon AA/NA Meeting	Noon AA/NA Meeting	Mandatory Lunch	
12:30 PM							
1:00 PM							
1:30 PM	Lunch	Lunch	Lunch	Lunch	Lunch	Freetime/Service/ETC	
2:00 PM							
2:30 PM	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time		
3:00 PM	Big Book	Big Book	Big Book	Big Book	Big Book		
3:30 PM							
4:00 PM	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time		
4:30 PM							
5:00 PM			Grocery Shopping				DEEP CLEAN
5:30 PM							
6:00 PM	Meeting / Dinner	Meeting / Dinner	Dinner	Meeting / Dinner	Meetings / Activities / Dinner		Mandatory Dinner
6:30 PM							
7:00 PM			DEEP CLEAN			Mandatory House Meeting	
7:30 PM		Firing Line					
8:00 PM						Goals Planning	
8:30 PM						FREDS	
9:00 PM	Goals Planning	Goals Planning	HOUSE MEETING	Goals Planning		HOUSE MEETING	
9:30 PM	FREDS	FREDS	FREDS	FREDS		FREDS	